

Current Positions:

- Practice Principal Physiotec Physiotherapy, Tarragindi, Brisbane, Australia
- Adjunct Research Fellow University of Queensland (UQ), Brisbane, Australia
- Visiting Lecturer for Physiotherapy Masters Programs, UQ
- Independent Educator (International)- Online Learning & Practical Workshops

Qualifications and Awards:

- Doctor of Philosophy (Physiotherapy), University of Queensland, Awarded 22.09.2008
- Sports Physiotherapy Title, Australian Physiotherapy Association, Awarded 21.01.2000
- Masters in Physiotherapy Studies (Sports), University of Queensland, Awarded 10.12.1997
- Bachelor of Physiotherapy, University of Queensland, Awarded 11.12.1990

Employment History:

- Practice Principal of Physiotec Physiotherapy since 2005
- Private Practice Musculoskeletal Physiotherapy since 1993
- Hospital Based Physiotherapy - All areas: Paediatrics, Neurology, Musculoskeletal 1990-1993
- Visiting Lecturer Post Graduate Physiotherapy Programs University of Queensland from 2004

Research Involvement:

- Key member of research team - LEAP Multicentre RCT for Gluteal Tendinopathy - with Professors Bill Vicenzino (UQ), Paul Hodges (UQ) and Kim Bennell (University of Melbourne). Australia New Zealand Clinical Trials Registry ACTRN12612001126808.
- PhD Co-supervision - 1 complete, 3 current & involvement in 2 other PhD research projects
- Collaboration on Multicentre International Research regarding Physiotherapy Approaches to Management of Gluteal Tendinopathy (Ireland, Australia, New Zealand)

Publications & Podcasts:

- Recent Editorial for British Journal of Sports Medicine
- 17 Other Peer Reviewed Papers
- Reviewer for several peer review journals
- Contribution to Hip Chapter in Grievies Modern Musculoskeletal Physiotherapy, 4th Ed
- Contribution to Hip Chapter in Clinical Sports Medicine, 5th Ed
- 2 popular Podcasts for Physioedge on Lateral Hip Pain and Proximal Hamstring Tendinopathy
- Podcast for British Journal of Sports Medicine on Lateral Hip Pain, rated in the top 3 most popular BJSM podcasts of all time, now with over 16000 listens: Dr Alison Grimaldi with practical physiotherapy tips on treating lateral hip pain.

Presentations (Not inclusive of all presentations):

- International Conference Keynotes: Upcoming: European Congress of Manual Therapy, Belgium, September 22-23rd, 2017. Annual Physio First Conference, Nottingham, UK, 2013; NZMPA Biennial Scientific Conference, Rotorua, New Zealand 2011; 3rd International Conference on Movement Dysfunction, Edinburgh, United Kingdom, 2009.
- Invited Conference Presentations: IFOMPT Glasgow (Post Conference Course) 2016, Australian Physiotherapy Association Biennial Conference, 2015, 2011, 2009; Physiotherapy New Zealand Conference, 2014; International Hip Arthroscopy Meeting, Melbourne, 2014; 52nd Annual Scientific Meeting of the Australian Rheumatology Society, Brisbane, 2011.
- Podium Conference Presentations: 9th Interdisciplinary World Congress on Low Back & Pelvic Pain, Singapore, 2016; IFOMPT Glasgow 2016 (2 x Focused Symposia) & Rotterdam 2008; 3rd International Scientific Tendinopathy Symposium, Oxford, 2014.
- Practical Workshops/ Courses: Over 100 courses presented - Australia, New Zealand, England, Wales, Ireland, Hong Kong, Singapore. Upcoming 2017-18 - USA, Belgium.